

Pre-Op Office Anesthesia Instructions

1. Always remember to remind the patient that they are not to have anything to eat for 6-8hrs before their procedure.
2. The office should write the patient 2-3 prescriptions a few days before the patients surgery.
800mg Ibuprofen
5mg Vicodin OR 5mg Percocet
4mg Zofran **ODT (2-4 tabs)**
3. The night before surgery instruct the patient to take 800mg of Ibuprofen before bed.
4. The morning of surgery the patient should repeat this dose of Ibuprofen BEFORE arriving along with one pain pill. They should take one Vicodin or one 5mg Percocet (which ever was prescribed) if their stomach can tolerate the medication.
5. A Urine HCG must be done on all patients and if positive the procedure will need to be rescheduled **even if the patient is on an HCG diet.**
6. After the procedure is completed and the patient is awake, they will need to remain in the office for 15min. Some of this time will be spent in the procedure room, so they can go home rather quickly.



The only documents we will need is a copy of the patient's facesheet and a copy of their insurance cards for the procedure.